

Purpose Statement

Level 1 Award in Nature Connection and Wellbeing (RQF)

The primary purpose of this qualification is to develop your knowledge of nature connection and wellbeing. It has been developed with The Therapy Adventure.

Who is it for?

This qualification is designed for you if you want to develop your knowledge in nature connection and how it can support mental and physical wellbeing. It is ideal if you want to study an introductory qualification to nature connection.

What does this qualification cover?

The qualification will take 90 hours to complete, of which 75 of these hours will be guided by your tutor. You will need to complete four mandatory units to achieve the qualification. The areas you will study are:

- Introduction to Nature Connection
- Understanding Nature Connection and Wellbeing
- Nature Connection and Pro-Environmental Behaviours

What are the entry requirements?

This qualification is suitable for those aged 11+.

There are no other restrictions on learner entry and no specific prior achievements required.

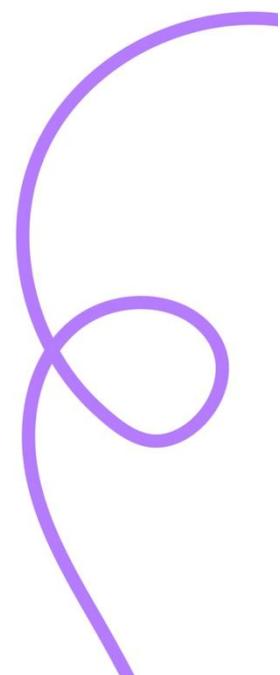
What are the assessment methods?

Learners will be required to complete a portfolio of evidence set and marked by the education provider and externally quality assured by Open Awards.

Learners must provide sufficient evidence that they have the required knowledge, skills and understanding of the assessment criteria and that it is their own work.

Types of evidence could include:

- Questioning (written or oral)
- Practical activities
- Reflective logs
- Project work
- Presentations
- Posters / leaflets



What are the progression opportunities?

You may choose to progress onto a higher-level nature connection qualification such as:

- Level 2 Award in Nature Connection and Wellbeing (RQF)

You may also choose to further your knowledge in another qualification in the areas explored in this qualification such as:

- Level 1 Award in Conservation
- Level 1 Award in Forest School Principles

Who supports this qualification?

This qualification was developed with The Therapy Adventure.

