

Purpose Statement

Level 2 Award in Nature Connection and Wellbeing (RQF)

The primary purpose of this qualification is to further develop your knowledge of nature connection and wellbeing. It has been developed with The Therapy Adventure.

Who is it for?

This qualification is designed for you if you want to further develop your knowledge in nature connection. It is suitable for you to further your understanding of mindfulness and grounding techniques, as well as pro-environmental behaviours.

What does this qualification cover?

The qualification will take 120 hours to complete, of which 80 of these hours will be guided by your tutor. You will need to complete four mandatory units to achieve the qualification. The areas you will study are:

- The Science of Nature Connection
- Measuring Nature Connectedness
- Urban Nature and Community Wellbeing
- Pro-Nature Conservation Behaviours

What are the entry requirements?

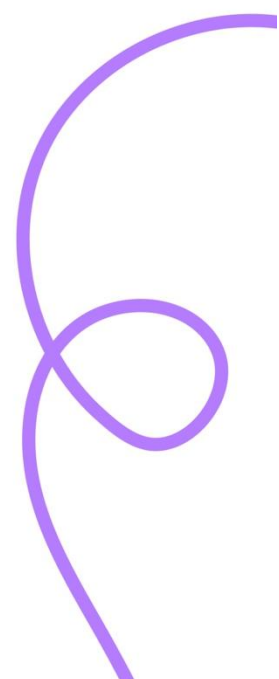
This qualification is suitable for those aged 11+.

There are no other restrictions on learner entry and no specific prior achievements required.

What are the assessment methods?

Learners will be required to complete a portfolio of evidence set and marked by the education provider and externally quality assured by Open Awards.

Learners must provide sufficient evidence that they have the required knowledge, skills and understanding of the assessment criteria and that it is their own work.



Types of evidence could include:

- Questioning (written or oral)
- Practical activities
- Reflective logs
- Project work
- Presentations
- Posters / leaflets

What are the progression opportunities?

Learners may choose to continue with further learning in areas such as:

- Conservation
- Counselling
- Mental Health and Wellbeing

Who supports this qualification?

This qualification was developed with The Therapy Adventure.

